

# Influenza-like Illness Outbreak

## Manage an outbreak in NDSL sites

All staff share the responsibility for keeping residents safe. Complete the following actions when an influenza-like illness outbreak is confirmed. This checklist provides general measures only – refer to the corresponding section in the [Guide for Outbreak Prevention & Control in Non-Designated Supportive Living Sites](#) for detailed recommendations. When applicable, follow site-specific policies.

Infection Prevention Control measures	Guide Section
<input type="checkbox"/> Recommend confirmed and symptomatic residents remain in their room and away from others.	4.1
<input type="checkbox"/> Implement IPC recommendations in <a href="#">Figure 2</a> : <ul style="list-style-type: none"><li>Place additional precaution signage outside room of confirmed and symptomatic residents.</li><li>Wear recommended PPE (including mask/respirators, gloves, gown and eye protection).</li><li>Conduct an <a href="#">Infection Prevention and Control Risk Assessment (IPCRA)</a> prior to every resident interaction.</li><li>Perform hand hygiene and practice respiratory etiquette.</li></ul>	4.1
<input type="checkbox"/> Use continuous masking and eye protection for the duration of the outbreak.	5.1
Administrative measures	Guide Section
<input type="checkbox"/> Notify appropriate HCW/staff and departments within the facility/unit.	5.2
<input type="checkbox"/> Place <a href="#">outbreak signage</a> at the entrance of the facility/unit.	5.2
<input type="checkbox"/> Report daily using the online Facility CDC Outbreak Daily Report Portal (and to IPC as per zone process).	5.2
<input type="checkbox"/> Assign HCW/staff to care for asymptomatic residents before symptomatic residents.	4.2
<input type="checkbox"/> Cohort HCW/staff to work only in affected or only in unaffected areas.	4.2
<input type="checkbox"/> Inform residents, families/guardians/agents of the outbreak.	5.2
<input type="checkbox"/> Alert transport staff and the receiving site to use additional precautions if a symptomatic resident is attending another site for an appointment.	5.6

<b>Resident restrictions</b>	<b>Guide Section</b>
<input type="checkbox"/> Follow resident restrictions. Recommendations vary depending on if a specific pathogen has been identified.	7.3
<b>Group/social activities and other events</b>	<b>Guide Section</b>
<input type="checkbox"/> Allow asymptomatic residents to take part in daily activities.	5.7
<input type="checkbox"/> Follow the AHS Public Health Outbreak Team direction on whether to continue with group activities.	5.7
<input type="checkbox"/> Use outbreak measures such as physical distancing, masking and hand hygiene for low-risk group activities that may continue.	5.7
<input type="checkbox"/> Postpone high-risk group activities (such as singing and bus outings).	5.7
<b>Nourishment areas / sharing of food</b>	<b>Guide Section</b>
<input type="checkbox"/> Deliver meals to confirmed or symptomatic residents in their rooms.	5.8
<input type="checkbox"/> Use single serve items and discontinue family style dining if recommended by the AHS Public Health Outbreak Team.	5.8
<b>Visitors and Designated Family / Support Persons (DFSPs)</b>	<b>Guide Section</b>
<input type="checkbox"/> Encourage visitors to postpone visiting.	5.10
<input type="checkbox"/> Recommend visitors/DFSPs wear a mask while in common areas at the facility.	5.1
<input type="checkbox"/> Recommend symptomatic visitors/DFSPs delay visit.	4.10
<input type="checkbox"/> Advise visitors/DFSPs of the importance of hand hygiene.	4.10
<input type="checkbox"/> Advise visitors/DFSPs of the potential risk of exposure to a symptomatic resident and demonstrate the use additional PPE.	4.10
<b>HCW/staff outbreak control measures</b>	<b>Guide Section</b>
<input type="checkbox"/> Advise symptomatic HCW/staff to report illness to manager/designate and to not attend work.	4.11
<input type="checkbox"/> Advise symptomatic HCW/staff to follow recommendations in <a href="#">Table C</a> for COVID-19 at-home Rapid Antigen Testing.	4.11
<input type="checkbox"/> Advise HCW/staff who develop symptoms at work to put on a mask, inform manager/designate and leave the workplace as soon as possible.	4.11

Specimen collection	Guide Section
<input type="checkbox"/> Follow the AHS Public Health Outbreak Team specimen collection recommendations for symptomatic residents. Specific direction will be provided on the number and type of specimens to collect. <ul style="list-style-type: none"> <li>• Specimen collection recommendations are based on site capacity and availability for specimen collection.</li> </ul>	4.12
<input type="checkbox"/> Ensure proper specimen collection, handling, and labelling (including EI#) when specimen collection is recommended by the AHS Public Health Outbreak Team.	4.12
Enhanced environmental cleaning and disinfection	Guide Section
<input type="checkbox"/> Perform cleaning using PPE and recommended cleaning products.	4.13
<input type="checkbox"/> Follow recommendation in <a href="#">Principles for Environmental Cleaning and Disinfection</a> .	4.13
<input type="checkbox"/> Enhance cleaning and disinfection frequency. <ul style="list-style-type: none"> <li>• Clean and disinfect low touch surfaces at least once per day and high touch areas at least twice per day.</li> <li>• Immediately clean and disinfect visibly dirty surfaces.</li> </ul>	4.13
<input type="checkbox"/> Conduct a post isolation/additional precautions cleaning and disinfection when the outbreak is closed.	10