



Lakeland Communities Health Advisory Council Work Commitments 2023 - 2026

Topic	Commitment
Senior's Care	Lakeland Communities Health Advisory Council (LCHAC) has identified barriers for seniors to receive the care they need, including limited mental health services, transportation to appointments and issues following partner separation in long-term care. Council commits to increase its awareness of available senior's resources and supports by inviting AHS (and community groups, as applicable) to present at its Council meetings. Council will invite the public and members will share information within their networks.
Mental Health	LCHAC recognizes mental health impacts all of society, in one way or another. Its current focus will be to invite AHS (and community organizations, as applicable) mental health programs to present on services available for seniors, and the farming community, to address available resources on depression, isolation, anxiety, et al.
Health Professionals Workforce	<p>LCHAC is interested in understanding and building awareness about health profession staffing, specifically recruitment and retention, in the HAC area. Council commits to:</p> <ul style="list-style-type: none"> • Partner with Rural Health Professions Action Plan (RhPAP) to host an information session on the process of attracting and retaining health professionals to rural areas. <ul style="list-style-type: none"> ○ Invite a panel that includes AHS, to inform of its work toward staff recruitment and retention, wait times and recruiting and retaining specialists (e.g., anesthesiologists, obstetricians). • Invite AHS' Indigenous Wellness Core to present about Indigenous Health Commitments: Roadmap to Wellness. • Share information from AHS on current recruitment efforts with member networks.
Service Levels	<p>LCHAC recognizes healthcare services vary in each community, depending on population. Council would like to gain better understanding of the services in their communities and how decisions on services are made. Council commits to:</p> <ul style="list-style-type: none"> • Invite AHS programs to present on services available for children under age five, including: <ul style="list-style-type: none"> ○ Health supports for preschool children ○ Childhood immunizations (what is/isn't required and recommended) ○ Preventive care (e.g., dental) ○ Pre-natal care services • Invite AHS to present on access to chronic pain services (i.e., injections, nerve blockers, thorough assessment)



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| | <ul style="list-style-type: none">• Support broader awareness of the above by inviting public to participate in presentations and discussion and sharing information with member networks. |
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