



Lesser Slave Lake Health Advisory Council Work Commitments 2023 - 2026

| Topic | Commitment |
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| Mental Health & Addiction | <p>Council acknowledges the efforts AHS has made and the initiatives it has implemented to improve Addiction and Mental Health Services across the Council area. Council members are concerned for the impact of mental health diagnoses in their respective communities and its impact on people in all demographics and cultures.</p> <p>Council commits to:</p> <ul style="list-style-type: none"> • Partner with AHS Addiction and Mental Health to host a community event to listen to the community; create awareness of the HAC; provide opportunities to engage public and gather feedback about health services; and use Together4Health to follow up with attendees and gather input. • Focus on learning more about resources available in the Council area and ensure information about access and services is made available in the community. • Attend and participate in any updates or information sessions related to mental health and addiction services. • Identify and support local services, including those outside AHS, that care for people with mental health and addiction challenges. • Host an engagement event in council's area that focuses on mental health or healthy communities with a focus on mental health and addiction resources. |
| Communication | <p>Council has identified that improving communication between the various levels of care is important to the health of the people in their communities. This includes communication to patients and families as they transition from hospital to continuing care or to home.</p> <p>Council commits to:</p> <ul style="list-style-type: none"> • Share concerns about this topic with provincial and local seniors' health leadership. • Partner with AHS Healthy Communities initiative for a community conversation (engagement event). |
| A focus on Indigenous relationships and connection | <p>Council has identified a need to improve services and equity for Indigenous peoples and communities.</p> <p>Council commits to:</p> <ul style="list-style-type: none"> • To partner with the Indigenous Wellness Core and North Zone Indigenous Health program to support listening sessions where we can seek to better understand the needs of Indigenous peoples. |



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| | <ul style="list-style-type: none"> • Hold one Council meeting in an Indigenous community by June 2024. • Host a presentation at a future meeting on cultural sensitivity and actively invite local leaders and influencers to attend. |
| <p>Health promotion and wellness</p> | <p>Council has identified the need for more health promotion and wellness initiatives as a top priority in our Council area.</p> <p>Council commits to:</p> <ul style="list-style-type: none"> • Pandemic recovery – reinforce public health guidelines and vaccination benefits. Stress importance to stop spread of misinformation. Share public health resources available with community. • Partner with AHS Population and Public Health and Healthy Communities to promote a shift in focus to building healthier communities with less focus on acute care services. • Get more proactive about smoking cessation and other initiatives that promote better health. • Support relationship building between AHS and community. • Help promote healthy living options to community (i.e., healthy cooking classes and other health promotion opportunities). |