

Healthy Potlucks: Taco Salad Party

Sign up below to:

- bring one ingredient (two or more people can sign up to share the cost of higher price ingredients), **or**
- bring one supply item, **or**
- take on a task.



Number of potluck guests: _____

Food Item	Name
Individual tortilla bowls or tortilla chips	
Sliced chicken or pork	#1
	#2
Ground beef or turkey	#1
	#2
This Garlic Lime Marinade recipe adds flavour to meat, poultry, or tofu.	
Black beans	
Kidney beans	
Shredded cheese	#1
	#2
Chopped Romaine lettuce	
Diced fresh tomatoes	
Diced peppers	
Diced avocado	#1
	#2
Corn or Barbeque Corn with Lime	
Try the Avocado Tomato Salsa	
Sour cream	
Guacamole	

Drinks (if needed)	Name

Supplies (if needed)	Name
Plates	
Cutlery (forks, spoons, knives)	
Serving Tools	
Napkins	
Cups	
Cloths (for clean-up)	

Help Out	Name
Manage Sign-Up Sheet	
Help Set-Up	#1
	#2
	#3
Help Clean-Up	#1
	#2
	#3
Fill Water Jugs	
Make Coffee and Tea	
Host a Game or Icebreaker	