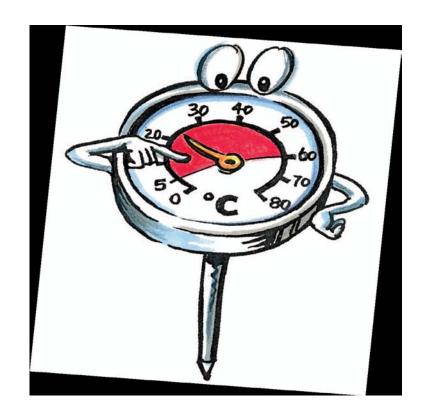


KEEP MICRO-ORGANISMS COOL!

Beware of the 'Danger Zone'



Foodborne illnesses have been associated with improper cooling of hot foods. Cool perishable foods using one of the following techniques:

- Ice bath Place container holding liquid food into a sink/tub filled with ice water, and stir food occasionally. Cover and place in cooler when 4°C.
- 2) **Shallow Pans** Place food into a shallow pan and store in cooler. Cover when 4°C.
- 3) Cut into Smaller Portions Cut large pieces of food into smaller portions and place in shallow pan on the top shelf of cooler. Cover when 4°C.

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References: Government of South Australia Department of Health