

AHS COMPETENCIES

values in action



know myself

how we reflect and look for opportunities to grow

take responsibility

- own my decisions and actions
- follow through on my commitments
- acknowledge and try to fix my mistakes

eager to learn

- own my growth and development
- seek and use feedback for self-improvement
- learn from my experiences

recognize my emotions

- notice how my emotions affect others
- stay calm and respectful in difficult situations
- focus on finding solutions



care together

how we treat others and work together

show kindness

- consider and respond to others' needs
- understand and respect others' differences
- be friendly, helpful and caring

communicate effectively

- seek others' opinions and perspectives
- provide timely, complete and appropriate information
- adapt to meet others' needs and to be understood

work with others

- build positive relationships
- work together to get things done
- encourage and appreciate others



contribute daily

how we make a difference and achieve our goals

stand up for safety

- follow safety protocols and standards
- be alert for hazards and speak up
- share safety knowledge with others

commit to quality service

- strive to understand clients' needs
- focus on what matters to clients
- look for ways to improve our services

act with purpose

- make decisions in a timely manner
- embrace new ideas and ways of working
- move forward and adjust as needed

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