



Addiction & Mental Health Provincial Advisory Council

Date: Friday March 3, 2023 (5:30pm – 8:30pm)

Saturday March 4, 2023 (8:00am – 3:00pm)

Venue: Duchess A boardroom - Radisson Hotel & Conference Centre

Addiction & Mental Health Provincial Advisory Council			
<input checked="" type="checkbox"/>	Chantel Walker	<input checked="" type="checkbox"/>	Rhonda Robinson, Vice Chair
R	Darrin Thompson	<input checked="" type="checkbox"/>	Sandra Badry
<input checked="" type="checkbox"/>	Ed Brown	<input checked="" type="checkbox"/>	Sandra Sjogren
<input checked="" type="checkbox"/>	Lindy Fors	<input checked="" type="checkbox"/>	Sarthak Singh
<input checked="" type="checkbox"/>	Nasra Omar	<input checked="" type="checkbox"/>	Sue Blanchard
<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	Terry O’Riordan
<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	Tyla Savard, Chair
<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	Tracy Osterbroek
<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	Wally Sinclair
<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	Wesley Paterson
AHS Permanent Resource Persons			
<input checked="" type="checkbox"/>	Kerry Bales, Chief Program Officer Provincial Addiction and Mental Health	R	Dr Nick Mitchell, Medical Director Provincial Addiction Mental Health
AHS			
R	Colleen Turner, VP CE & Communications	<input checked="" type="checkbox"/>	Sara Tomlinson, Director, Provincial Addiction and Mental Health
<input checked="" type="checkbox"/>	Janine Sakatch Community Engagement	<input checked="" type="checkbox"/>	Shelly Vik, Director, Provincial Addiction and Mental Health
<input checked="" type="checkbox"/>	Jennifer Bishop, Executive Director, Mental Health, Provincial Addiction and Mental Health	<input checked="" type="checkbox"/>	Steven Clelland, Executive Director, Addiction Medicine, Provincial Addiction and Mental Health
<input checked="" type="checkbox"/>	Shelley Rattray, Senior Communications Advisor Community Engagement		
Guests			
<input checked="" type="checkbox"/>	Tom Mountain – Senior Operating Officer, AHS South Zone		

Addiction & Mental Health Provincial Advisory Council – Meeting Minutes		
	<p>Call to Order</p> <ul style="list-style-type: none"> Called the meeting to order <p>Acknowledgement of Traditional Lands</p> <ul style="list-style-type: none"> Terry read the land acknowledgment <p>Introduction & Ice- Breaker</p> <ul style="list-style-type: none"> Tyla welcomed everyone with introductions. 	Tyla Savard
1.	<p>Approval of AMH PAC Draft Agenda – March 3rd and March 4th, 2023</p> <p>In motion to approve the agenda as presented.</p>	Tyla Savard,
		Agenda approved by Terry
2.	<p>Approval of AMH PAC Draft Meeting Minutes - December 9 & 10, 2023</p> <p>In motion to accept the minutes as presented.</p>	
		Minutes approved by Ed seconded by Terry
	<p>3.2 Alberta Recovery Conference Debrief</p> <p>Rhonda provided the council conference debrief.</p> <p>Adams lived experience as part of the Implementing Recovery Oriented Systems of Care</p> <p>Facebook video was shared with PAC members.</p>	Rhonda Robinson
		Anita to share the link to the video and presentation links.



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The proposed budget for ROSC is 270 million and with the internal budget of 1.8 million, which got passed this week.

Alberta has a polysubstance use problem not just necessarily Opioid or Alcohol use problem. There is different pathways to recovery and people enter the recovery in different ways, this was the key messages.

Last Door Recovery app has 1352 registered participants and 80+ clients were triaged by the air ambulance. Rhonda had a question for Steve around how does this affect North zone given it is not triaged by Stars Air Ambulance. Steve will have to circle back to Rhonda given Doors is operated by provincial government how they commissioned Doors in relation to start air ambulance.

My Recovery plan is an app to monitor people in recovery and their family members. They will ask question every 10 days to monitor people’s recovery. There was an evidence based practice council formed with multiple expert. Rhonda asked if there is anyone with lived experience on the panel. Nick and Kerry are members and Dr. Day is the vice- chair.

Presentation people can watch by Paul Brandt and he talked about human trafficking in the province and it is linked to mental health and addiction. He has site called [- #NotInMyCity](#). Government has addressed 18 of the 19 recommendation on the page.

They also mentioned the Brain Story Certification that talks about the development of the brain and link is also on the one pager.

People are doing well in recovery when they have support. ROSC ongoing support for people that are in addiction and ongoing support for community as a whole.

Presentations

3.4 Provincial AMH Update and Request to PAC

PAMH Team

Jennifer Bishop provided the provincial AMH update on Mental Health Programs; Clinical Business Initiatives, Child, Youth and Family Initiatives and Mental Health and Justice.

Invitation for Input from PAC on the Policy Sub Committee to enhance patient and family voice during policy development. Folks can contact amhpolicy@ahs.ca

YAMPAC, the youth council is undergoing changes, including Council’s name modification and manager/staff transitions. The project team will ensure a sense of renewal, optimism, and engagement by implementing change management strategies and innovative ideas. The team will also implement Recovery-Oriented Systems of Care approaches to build natural connections, strengths and resiliencies within the community, and supportive relationships between advisors, project team, AHS staff and community partners.

Steve Clelland gave an update on Addiction Medicine Programs; Practice supports, mental health promotion and illness prevention, Capacity and School Initiatives, Provincial Partnerships. Shelly Vik, provided update on Knowledge, Evidence, and Innovation initiatives.

PAMH will do a deeper dive on promotion and prevention work for the portfolio. Steve will bring back to PAC update on NTS for robust discussion.

Patient Advisory Council Engagement: KEI - AMH Indicator Review & Development

Seeking regular patient engagement on measure review and indicator development

Jennifer to share the one pager with PAC

Steve to bring NTS update for next meeting



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	<p>PRIHS 8: Digital health and addiction – topic being defined. Seeing partners to join the study team. Role: can be co-developed, but may include Co-designing the project, input on methods and evaluation, guiding stakeholder engagement strategies.</p> <p>Knowledge Bites Lunch and Learn – this quarterly event invites guest speakers to present findings from recent projects that have implications from practice within the AMH field. It is free to attend remotely over zoom and phone.</p>	
3.	<p>Updates & Reports</p> <p>4.1 Report from the AMH PAC Chair</p> <p>The Community Engagement team gave an update on the survey/engagement survey/study that was done in the fall (councils, staff & community) and report was just completed.</p> <ul style="list-style-type: none"> • Annual satisfaction survey: results didn't change much (within 1-2%) from last year to this • Will now be going to Executive leadership to be reported on as well as to the official administrator for information. • At least 50% of councils will get breakdown of their council specific results breakdown (the more members on a council that took part = breakdown report coming back to council). All councils will receive the overall survey summary • In 2022, CE onboarded 90 new council members on (little more than 1/3 of council members) • Spring Forum: June 2-3: encouraged to attend in person, will be a few changes to format, all sessions will be available to everyone. Topics: wide array, trying to make it fun for everyone to learn, will be prizes. Hotel/travel costs is covered. • Will be reviving the Together 4 Health webpage – one stop shop for info to help guide through processes at forum. • Council Connection: e-news letter sent every second week – trying to reduce the number of emails being sent yet have regular communication taking place. Please watch for all types of details, feel free to share with your communities. • Will be seeing various posters and such on social media and shared through email for us to share/raise awareness and attraction to join a council. • Many of the HACS are doing community meetings and engagements on Addictions and Mental Health. Realizing the need for their communities to know more: where to go, info to understand, how to connect as community, resources to share etc. 	
	<p>4.2 AMH PAC Advisory Councils Business/Engagement</p> <ul style="list-style-type: none"> • Member want to have more of the small group round table discussion at the next meeting and future meetings. It is important piece of advisory council and AHS get advice from members with lived experiences. • Council members shared the work they doing in their community and updated on the work of the working groups of the AMH. 	
	<p>4.3 Provincial Addiction Practice Counselling <i>Rhonda Robinson</i></p> <ul style="list-style-type: none"> • The Practice Council has shifted its meeting schedule from two hours every second month to one hour every month. 	<p>“People think we’re reducing the fun in their</p>



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<ul style="list-style-type: none"> In January the meeting coincided with the release of the <i>Guidance on Alcohol and Health</i> by the Canadian Centre on Substance Use and Addiction (CCSA). One of the Practice Council members, who was involved with the development of these guidelines, presented key findings and new recommendations about alcohol consumption. The tagline for the findings is “Drinking Less is Better.” The Provincial Addiction and Mental Health prevention team is working on updating current AHS print and electronic resources, as well as developing new ones to assist with these conversations in prevention and treatment settings. This CCSA resource summarizes the new recommendations of Canada’s Guidance on Alcohol and Health, Public Summary: Drinking Less Is Better (ccsa.ca) A free webinar series on Canada’s Guidance on Alcohol and Health is being hosted by the Canadian Centre on Substance Use and Addiction (CCSA). Register now for one, two, or all three sessions taking place in March 2023. <p>March 14 at 11:00 am: The Making of <i>Canada’s Guidance on Alcohol and Health</i> hosted by the committee co-chairs, Dr. Catherine Paradis and Dr. Peter Butt, as well as the project’s lead epidemiologist, Dr. Kevin Shield. Designed for stakeholders and partners who used the 2011 <i>Low-Risk Alcohol Drinking Guidelines</i> (LRDGs), this webinar will explain how the experts came to the conclusions they did for the 2023 <i>Canada’s Guidance on Alcohol and Health</i>.</p> <p>March 21 at 11:00 am: The Clinical Implications of <i>Canada’s Guidance on Alcohol and Health</i> hosted by co-chair Dr. Peter Butt and CCSA CEO, Dr. Alexander Caudarella. Designed for health professionals, family doctors, and nurses, this webinar will explain how the 2023 <i>Canada’s Guidance on Alcohol and Health</i> can be used in clinical settings.</p> <p>March 28 at 11:00 am: Frequently Asked Questions from <i>Canada’s Guidance on Alcohol and Health</i> hosted by <i>leading experts</i>: Dr. Catherine Paradis, Dr. Peter Butt, Dr. Kevin Shield, Dr. Nancy Poole, Dr. Samantha Wells, Dr. Erin Hobin, and Dr. Tim Naimi. Open to both those who use the guidance in their work and the public, this conversational-style webinar will answer frequently asked questions from <i>Canada’s Guidance on Alcohol and Health</i>.</p>	<p>lives”: Meet the researcher suggesting that Canadians stick to two drinks per week</p>	
4.4 Provincial Youth Addiction & Mental Health Advisory Council	Sarthak Singh	
<ul style="list-style-type: none"> Sarthak provided an update on the activities of YAMPAC. Information shared at this council meeting can be shared unless advised of confidential information that can’t be shared. 		
4.	Council Information Sharing\Round Table	
<ul style="list-style-type: none"> Members provided updates on the community events and activities in their zone. 		
5.	Addiction & Mental Health Provincial Advisory Council Meeting Adjournment at	
	Meeting adjourned at 3:00pm	
6.	Next Meeting: May 12 & 13	