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Free!
Online workshop
for parents and
caregivers of
children
age 6–12

Mealtime Struggles in School-Aged Children: Building Trust, Confidence, and Feeding Skills

Join AHS dietitians via Zoom

- Explore the benefits of positive mealtimes and what gets in the way.
- Learn some practical ideas to build your child's trust, comfort, and confidence with more foods.
- Share ideas and learn about resources to build more positive mealtimes with your child.

Scan the QR code to register,
or click the link: <https://redcap.link/wciygxt8>



 SCAN ME

Questions?

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