



## Addiction & Mental Health Provincial Advisory Council Commitments and Priorities 2021 – 2023

Principles		
<b>Advisory Council Principles</b>	<p>The Addiction &amp; Mental Health Provincial Advisory Council (AMH PAC) commits to a set of principles to guide our role as advisors to the health care system, and specifically to services and programs that support those living with addiction or mental health concerns.</p> <p>We will:</p> <ul style="list-style-type: none"> <li>• Promote non-judgmental, equitable access to services and resources.</li> <li>• Based on our lived experiences, participate in, and contribute to all opportunities that arise to support improvements in access and availability of addiction and mental health services in Alberta.</li> <li>• Promote understanding of the importance of mental health in the wholeness of health.</li> <li>• Support the application of evidence-based care and research in addictions and mental health treatment.</li> </ul>	
Theme	Priorities and Commitments	Tracking
<b>AMH PAC members commit to sharing their lived experiences with AHS to improve addiction and mental health awareness,</b>	<p>Council commits to:</p> <ul style="list-style-type: none"> <li>• Provide perspectives on awareness, education, and prevention from each person's experience (e.g., peer to peer, parent to parent).</li> <li>• Provide community perspectives on inclusive language to AHS.</li> </ul>	<i>2021, 2022, 2023 and ongoing</i>



Theme	Priorities and Commitments	Tracking
<p><b>education and prevention initiatives.</b></p>	<ul style="list-style-type: none"> <li>• Champion the goal of having addiction and mental health care recognized as an integral part of the full spectrum of healthcare.</li> <li>• Champion improved access to, and availability of, publicly-funded community-based addiction and mental health services and supports.</li> <li>• Use the lived experiences of members to shift the narrative on addiction and mental health concerns, address stigmatizing policies and procedures, and promote trauma-informed care within AHS.</li> </ul>	
<p><b>The AMH PAC recognizes the importance of the diversity of individuals’ identities, current situations, and life experiences and will use this awareness to inform our advisory work.</b></p>	<ul style="list-style-type: none"> <li>• Increase the perspectives that are represented by the AMH PAC, including identifying gaps in Council membership, and targeting our recruitment as appropriate.</li> <li>• In our advisory work, emphasize the importance of providing services that promote equity and that allow all residents of Alberta to access care in settings that are appropriate for their needs, and feel safe and supportive.</li> <li>• Increase connections and information exchange between the AMH PAC and other groups (including other HACs/PACs, AHS bodies, community organizations, and other partners), to improve our knowledge and awareness of differences in, and breadth of, community needs, and to share information.</li> </ul>	<p><i>2021, 2022, 2023 and ongoing</i></p>



Theme	Priorities and Commitments	Tracking
<p><b>The AMH PAC will support development and maintenance of relationships to collaborate on efforts and share information and messaging. We will do our best to raise awareness of addiction and mental health services to increase overall community knowledge and serve as a liaison between community and AHS.</b></p>	<ul style="list-style-type: none"> <li>• Participate in and provide input to AHS projects and initiatives and support AMH teams.</li> <li>• Participate, engage, and where appropriate, collaborate with other AHS Advisory Councils.</li> <li>• Gain insight at the community level and share to increase Council member knowledge of addiction and mental health programs and supports.</li> </ul>	<p><i>2021, 2022, 2023 and ongoing</i></p>