

Influenza Outbreak

Manage an outbreak in LTC, DSL and hospice sites

All staff share the responsibility for keeping residents safe. Complete the following actions when an influenza outbreak is confirmed. This checklist provides general measures only – refer to the corresponding section in the [Guide for Outbreak Prevention & Control in Long Term Care, Designated Supportive Living, and Hospice Sites](#) for detailed recommendations. When applicable, follow site-specific policies.

Infection Prevention Control measures	Guide Section
<input type="checkbox"/> Isolate confirmed and symptomatic residents.	4.1
<input type="checkbox"/> Implement IPC recommendations in Figure 2 : <ul style="list-style-type: none">Place Contact and Droplet precaution signage outside room of confirmed and symptomatic residents.Wear recommended PPE (including mask/respirators, gloves, gown and eye protection).Conduct an Infection Prevention and Control Risk Assessment (IPCRA) prior to every resident interaction.Perform hand hygiene and practice respiratory etiquette.	4.1
<input type="checkbox"/> Use continuous masking and eye protection the duration of the outbreak.	5.1
Administrative measures	Guide Section
<input type="checkbox"/> Notify appropriate HCW/staff and departments within the facility/unit.	5.2
<input type="checkbox"/> Place outbreak signage at the entrance of the facility/unit.	5.2
<input type="checkbox"/> Report daily using the online Facility CDC Outbreak Daily Report Portal (and to IPC as per zone process).	5.2
<input type="checkbox"/> Assign HCW/staff to care for asymptomatic residents before symptomatic residents.	4.2
<input type="checkbox"/> Cohort HCW/staff to work only in affected or only in unaffected areas.	4.2
<input type="checkbox"/> Inform residents and families/guardians/agents of the outbreak.	5.2

<input type="checkbox"/> Alert transport staff and the receiving site to use additional precautions if a symptomatic resident is attending another site for an appointment.	5.6
Resident restrictions	Guide Section
<input type="checkbox"/> Follow isolation recommendations for confirmed and symptomatic residents.	8.3
<input type="checkbox"/> Follow site processes for provision of oseltamivir (Tamiflu) treatment for confirmed and symptomatic residents.	8.3
<input type="checkbox"/> Follow site processes for provision of oseltamivir (Tamiflu) prophylaxis for asymptomatic residents regardless of immunization status.	8.3
Restrictions on affected facility/units	Guide Section
<input type="checkbox"/> Implement restrictions for the facility/unit as directed by the AHS Public Health Outbreak Team.	8.4
<input type="checkbox"/> Use Risk Assessment Worksheet and Risk Assessment Matrix for admissions/transfers/discharges (as per zone process).	8.5
Group/social activities and other events	Guide Section
<input type="checkbox"/> Allow asymptomatic residents to take part in daily activities.	5.7
<input type="checkbox"/> Follow the AHS Public Health Outbreak Team direction on whether to continue with routine group activities.	5.7
<input type="checkbox"/> Use outbreak measures such as physical distancing, masking and hand hygiene for low-risk group activities that may continue.	5.7
<input type="checkbox"/> Postpone high-risk group activities (such as singing, bus outings, large group activities).	5.7
Nourishment areas / sharing of food	Guide Section
<input type="checkbox"/> Deliver meals to confirmed or symptomatic residents in their rooms.	5.8
<input type="checkbox"/> Use single serve items and discontinue family style dining if recommended by the AHS Public Health Outbreak Team.	5.8
Visitors and Designated Family / Support Persons (DFSPs)	Guide Section
<input type="checkbox"/> Follow any visitor restrictions as recommended by the AHS Public Health Outbreak Team.	5.10
<input type="checkbox"/> Recommend visitors/DFSPs wear a mask while in common areas at the facility.	5.1
<input type="checkbox"/> Recommend symptomatic visitors/DFSPs delay visit.	4.10

<input type="checkbox"/> Advise visitors/DFSPs of the importance of hand hygiene.	4.10
<input type="checkbox"/> Advise visitors/DFSPs of the potential risk of exposure to a symptomatic resident and demonstrate the use of additional PPE.	4.10
HCW/staff outbreak control measures	Guide Section
<input type="checkbox"/> Follow the AHS Public Health Outbreak Team recommendations for management of unimmunized HCW/staff.	8.11
<input type="checkbox"/> Advise HCW/staff of relevant work recommendations and/or restrictions.	8.11
<input type="checkbox"/> Advise symptomatic HCW/staff to report illness to manager/designate and not attend work.	4.11
<input type="checkbox"/> Advise symptomatic HCW/staff to follow recommendations in Table C for COVID-19 at-home Rapid Antigen Testing.	4.11
<input type="checkbox"/> Advise HCW/staff who develop symptoms at work to put on a mask, inform manager/designate and leave the workplace as soon as possible.	4.11
Specimen collection	Guide Section
<input type="checkbox"/> Follow the AHS Public Health Outbreak Team specimen collection recommendations for symptomatic residents. Specific direction will be provided on the number and type of specimens to collect.	4.12
<input type="checkbox"/> Ensure proper specimen collection, handling, and labelling (including EI#) when specimen collection is recommended by the AHS Public Health Outbreak Team.	4.12
Enhanced environmental cleaning and disinfection	Guide Section
<input type="checkbox"/> Perform cleaning using PPE and recommended cleaning products.	4.13
<input type="checkbox"/> Follow recommendations in Principles for Environmental Cleaning and Disinfection .	4.13
<input type="checkbox"/> Enhance cleaning and disinfection frequency. <ul style="list-style-type: none"> • Clean and disinfect low touch surfaces at least once per day and high touch areas at least twice per day. • Immediately clean and disinfect visibly dirty surfaces. 	4.13
<input type="checkbox"/> Conduct a post isolation/additional precautions cleaning and disinfection when the outbreak is closed.	10