# **Programs & Services at the Camrose Community Cancer Centre**



#### **Cancer Patient Navigator**



Cancer Patient Navigators are registered nurses who can support you in understanding more about the next steps in your treatment and guide you in finding the right supports and resources you need throughout your cancer journey.



780-679-2837

#### **Gift Shop and Bookstore**



The Gift Shop and Bookstore are open to patients, families and staff. Food, gifts and things to wear, read or do, are available. If it is closed, ask at the Main Reception.

12:00 noon - 5:00 pm

Main floor

#### **Wig Services**



The Canadian Cancer Society has wig rooms in various community offices across the country. (う 1-888-939-3333

#### **Hostess Cart**



Refreshments are available in the center. Hospice Society volunteers may bring a cart to the chemotherapy clinic. Times and days vary.

#### **Programs & Services at the Cross Cancer Institute (CCI) in Edmonton**

#### Look Good, Feel Better



This free workshop helps women manage the appearance-related side effects of cancer. Tips, techniques and tools about skin care and how to manage side effects are presented.

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#### **Patient and Family Resource Centre**

Mon-Fri 9:00 am-4:00 pm

Main floor

780-432-8456



The centre provides information, referral and library services. You may borrow books or DVD's and CD's, chat with a knowledgeable volunteer or view web-based videos. If you are new to the CCI, call or stop by to arrange a personalized patient orientation. The orientation is customized to your needs and takes 20-50 minutes based on areas covered.



Mon-Fri, 9:30 am-2:30 pm

#### **Wig Services**



The Cross Cancer Institute also has wig services and provide wig fittings, head shaves and head washes at **no cost**. 780-432-8334

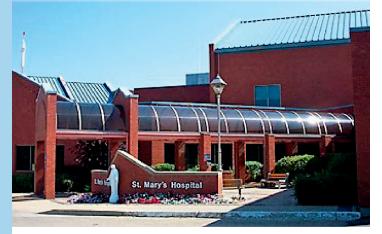
## CancerControl Alberta

Resources, support and information from prevention to treatment and beyond.

www.cancercontrolalberta.ca



# **Getting to Know Your Cancer Centre Camrose**



# **Camrose Community Cancer Centre**

St. Mary's Hospital 4607 53 St. Camrose, AB T4V 1Y5

**General Information** 

780-679-2822 8:00 am - 4:00 pm



This pamphlet will help you get to know key things about your Cancer Centre. It is meant to be used with the Newly Diagnosed with Cancer book. Please bring the book with you to your appointment if you have one. If not, we will give you one at your first appointment.

You can access the book online at www.cancercontrolalberta.ca > Just Diagnosed.

# Where do I park?



#### **Parking Lots**

Public parking is available in the St. Mary's Hospital parking lot. Wheelchair accessible spots are available in front of the building.

To pay for parking:

- Use a credit card or cash at a payment machine (located in the parking lot and main entrance)
- Enter your license plate number
- You do not need to display the receipt

For patients in hospital or if you are coming for treatment many times in a week or month, ask at the front desk to buy a weekly or monthly parking pass.

## **Drop Off and Pick Up**

There is a drop off and pick up area at the main entrance. For people with mobility issues, you may drop off or pick up in the ambulance bay. No parking is allowed in either of these areas.

# What do I need to bring with me?

Find a checklist of items to bring in the orange section of the Newly Diagnosed with Cancer book.



### Checking in for your first appointment



Go to the Main Admitting desk before each appointment. You will be provided with a name bracelet. After checking in you will go to the Cancer Clinic on Unit 1 and check in there. You may be directed to a small waiting room.

When you check in, we will give you a copy of the **Newly** Diagnosed with Cancer book, if you don't already have one.

# Places to stay



Local hotels offer a reduced medical rate. Ask for a list of hotels and rates from the main hospital information desk.

# Can I bring electronics?



Yes, you may bring your cell phone, laptop, tablet or other devices. Please be respectful and:

- Put your phone on vibrate
- · Bring earphones for entertainment devices
- Network: Healthspot (no password required)



It's a good idea to bring something to read or do while you wait for your appointments.



# Where can I get my prescriptions filled?



Your cancer treatment medications come from the Cross Cancer Institute in Edmonton. Support medication prescriptions (like anti-nausea medications) can be filled at your regular community retail pharmacy.

# Where can I get my bloodwork drawn?



#### First visit:

- · Stop at Cancer Clinic Office (Unit 1) to pick up a lab requisition.
- Proceed to the lab (on the main level).

#### **Future visits:**

· We will give you a lab requisition. This will be either for St. Mary's hospital or your own local hospital lab. Your nurse will let you know where and when to have lab tests completed.

# Where can I eat?



#### Cafeteria (in St. Mary's Hospital)



Debit only Mon-Fri



8:15 am-4:00 pm daily Hot meals: 11:15 am-1:00 pm



A vending machine is available on the main level.

### **Connecting with programs** and services virtually (Telehealth)



It may be possible to virtually join education sessions or connect with health care providers at other cancer centres. Ask your cancer patient navigator or other cancer care team member if this service is available.