

## Care closer to home



We try to keep you as close to home as possible for your care and comfort. But sometimes, people need to travel to a larger cancer centre that offers the type of treatment or services they need. Talk to your doctor or clinic nurse to see if treatment or support services closer to home are possible for you.



## Programs & Services at CACC



### Cancer Patient Navigator



Cancer Patient Navigators are registered nurses who can support you in understanding more about the next steps in your treatment and guide you in finding the right supports and resources you need throughout your cancer journey.

403-406-1952

### Classes and Workshops



Various classes are available on a variety of topics, at different times and days. To find out more, call the cancer centre:

403-343-4526

### Hostess Cart



Volunteers offer a beverage and cookie service weekdays in various waiting room areas. Donations to support the service area are appreciated.

### Wig Services



The Canadian Cancer Society has wig rooms in various community offices across the country.

1-888-939-3333

### Look Good Feel Better



This free workshop helps women manage the appearance-related side effects of cancer. Tips, techniques and tools about skin care and how to manage side effects are presented.

lgfb.ca 1-800-914-5665

### Present Trends Gift Shop

Mon–Fri 9:30 am–4:30 pm	Main floor (in Red Deer Regional Hospital)	403-343-4422
Sat-Sun & Holidays 8:00 am–6:00 pm		Flower Shop: 403-343-2883



The Gift Shop and Bookstore are open to patients, families and staff. Food, gifts and things to wear, read or do, are available.



# Getting to Know Your Cancer Centre Central Alberta Cancer Centre (CACC)



## General Information

### Central Alberta Cancer Centre

3942 50A Avenue  
Red Deer Regional Hospital  
Red Deer, AB  
T4N 6R2

403-343-4526  
8:00 am – 4:15 pm



CancerControl Alberta

This pamphlet will help you get to know key things about your Cancer Centre. It is meant to be used with the **Newly Diagnosed with Cancer** book. Please bring the book with you to your appointment if you have one. If not, we will give you one at your first appointment.

You can access the book online at [www.cancercontrolalberta.ca](http://www.cancercontrolalberta.ca) > Just Diagnosed.

## Where do I park?



### Parking Lots

You must pay for parking if you park in the hospital parking lot. Take a ticket and pay at a paystation machine. Machines take coins or credit cards. If paying by cash the machine will not provide change.

There is metered parking on the streets next to the hospital.

### Parking Passes

Weekly and monthly passes are available at the Parking Office (ground level, South Parkade).

403-357-5191

### Drop Off and Pick Up

There is a drop off and pickup area for the Central Alberta Cancer Centre, at the main entrance (on the south side).

## What do I need to bring with me?

Find a checklist of items to bring in the **orange section** of the **Newly Diagnosed with Cancer** book.



**P** Get alerts or extend your parking time from your phone!

Download the free AHS Parking app today.

Zone codes:

- 6482 (underground)
- 6483 (parkade/surface)

## Checking in for your first appointment



Check in at the main reception desk.

When you check in, we will give you a copy of the **Newly Diagnosed with Cancer** book, if you don't already have one.



## Places to stay



If you live outside of Red Deer, your nurse, social worker or radiation therapist can give you information on reduced rates available at local hotels.

## Can I bring electronics?



Yes, you may bring your cell phone, laptop, tablet or other devices. Please be respectful and:

- Put your phone on vibrate
- Bring earphones for entertainment devices
- Network: Healthspot (no password required)



It's a good idea to bring something to read or do while you wait for your appointments.

## Where can I get my prescriptions filled?



Our cancer centre pharmacy provides your cancer treatment medicine. Prescriptions for support medications should be filled at your regular, retail pharmacy.

Mon–Fri 8:00 am–4:15 pm	Main Floor	403-343-4802
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## Where can I get my bloodwork drawn?



If possible, we will ask you to have your bloodwork drawn at the lab nearest you. If you need to have bloodwork done while you are at the cancer centre, a lab is available on site.

Mon–Fri 8:00 am–4:15 pm	West side of the Auxiliary building	1-877-309-2847
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## Where can I eat?



	Cafeteria	Cafe VA	Jolt 'N Bolt
<b>\$</b>	Cash or debit		
	Mon–Fri 7:45 am–3:00 pm	Mon–Fri 7:00 am–8:30 pm	Mon–Fri 7:00 am–10:00 pm
	Lower level of Red Deer Regional Hospital	Main floor, Red Deer Regional Hospital	Main floor, Red Deer Regional Hospital

### Other Options

- Vending machines are available.
- Volunteers offer beverages and cookies on weekdays in waiting rooms and treatment areas.



## Connecting with programs and services virtually (Telehealth)



It may be possible to virtually join education sessions or connect with health care providers at other cancer centres. Ask your cancer patient navigator, social worker or another cancer care team member if this service is available.