## What Matters to You across the Care Continuum

Wave 1 (Conversations)



- Whether a patient has a short or long term chronic condition, their rehabilitation journey transitions them in and across the healthcare system. These complexities mean they have to deal with a new "normal", one which places less emphasis on their medical diagnosis (es).
- When we change our mindset to focus on a patient's 'ability' and what they want and need to do in their lives, we can get down to what matters to the patient.
- Rehabilitation enhances a person's function for living. When the focus is on functional and meaningful goals, there is a shared ownership between provider and patient for their health. Using a collaborative goal setting approach lets the patient lead the discussion in identifying what matters to them.

#rehabworks
#rehabilitationiseveryonesresponsibility
#endPJparalysis

## Rehabilitation is everybody's responsibility.

We encourage healthcare providers to consider that 'function' is an important health outcome. The rehabilitation philosophy and model of care frames efforts to encourage the notion that "rehabilitation is everyone's responsibility" in healthcare.

Today's guests include:

- Isabel Henderson: Currently serving as Executive Director, Special Projects and recently retired Senior Operating Officer at the Glenrose Rehabilitation Hospital
- Lisa Warner: Provincial Director, Community Rehabilitation
- Paul Wright: Calgary Zone Manager, Patient and Family Centred Care

All are passionate about patient and family centred care and optimizing patient outcomes through rehabilitation.



